OUR WORKSHOPS

At Glitch, we deliver workshops to organisations and businesses across different sectors, including politics, education and media.

We offer off-the-shelf and custom-made workshops to equip groups and individuals with expert knowledge and practical guidance on online safety and digital self-care.

Our workshops run from 1.5 hours to one full day.

When booking a workshop you can select the right time and topics for you and your team.

ONLINE ABUSE & ITS IMPACTS	DIGITAL SELF-DEFENCE
HOW TO BE AN ONLINE ACTIVE BYSTANDER	DIGITAL SELF-CARE
TECH ACCOUNTABILITY	KNOW YOUR RIGHTS

" THIS WAS AN EXCELLENT WORKSHOP, WELL DELIVERED, EXTREMELY HELPFUL. WILL DEFINITELY BE RECOMMENDING GLITCH TO FRIENDS AND COLLEAGUES. "

To book a workshop or find out more please contact our Programme Manager, Gwen, at gwen@glitchcharity.co.uk

ONLINE ABUSE & ITS IMPACTS

The fear of online abuse is causing an exodus from online spaces of women and non-binary people who are unable to take up their rightful space online. Learn how to define and recognise online abuse and tactics used.

DIGITAL SELF-DEFENCE

We want everyone to have a happier, healthier relationship with digital spaces. Good digital security is vital in achieving this. Discover the fundamentals of digital self-defence and the digital tools you can use to protect your privacy and information online.

HOW TO BE AN ONLINE ACTIVE BYSTANDER

It is not the sole responsibility of the victims of online abuse to protect themselves and deal with its lasting effects. Become an Online Active Bystander and learn about the actions you can take to address harmful online behaviours and support victims of online abuse.

DIGITAL SELF-CARE

Have a flourishing online presence without compromising your wellbeing with the fundamentals of digital self-care. Create your own digital self-care plan that outlines your personal boundaries in online spaces, as well as how to communicate and stick to them.

TECH ACCOUNTABILITY

Glitch is doing everything we can to hold decision-makers accountable and stop the problem of online abuse at its core. To do this we all need to call on powerful forces in online spaces to make change. Develop the knowledge and skills to hold these forces accountable.

KNOW YOUR RIGHTS

There are many laws to help protect digital citizens in online spaces. Learn about the legal rights and protections you have in online spaces and what to do to erase data, report abusive content and take legal action when needed.

We also offer bespoke workshops to suit your needs and workshops for employers. Please get in touch via email to learn more.

ONLINE ABUSE & ITS IMPACTS

The fear of online abuse is causing an exodus from online spaces of women and non-binary people who are unable to take up their rightful space online. This workshop supports learners to define and recognise online abuse and the tactics used. Learners will explore the impacts of online abuse on different individuals and groups, based on their intersecting identities, before being signposted to available platforms and spaces to report online abuse.

By the end of the module, participants will be able to:

1. Define online abuse and online gender-based violence
2. Recognise up to 10 types and tactics of online abuse
3. Describe the impact of online gender-based violence for different groups

DIGITAL SELF-DEFENCE

At Glitch, we want to enable our learners to have a happier, healthier relationship with digital spaces, and good digital security is vital in achieving this. This workshop will introduce learners to the fundamentals of digital self-defence and support them to identify and apply digital tools to protect their privacy and information online.

By the end of the module, participants will be able to:

1. Describe the purpose and benefit of digital self-defence
2. Explore their current level of personal digital self-defence
3. Apply digital tools to protect information, privacy and safety

HOW TO BE AN ONLINE ACTIVE BYSTANDER

It is not the sole responsibility of the victims of online abuse to protect themselves and deal with its lasting effects. Learners will be introduced to the concept of an Online Active Bystander then guided to identify actions to address harmful online behaviours and support victims of online abuse.

By the end of the module, participants will be able to:

1. Define the role of an Online Active Bystander
2. Identify 5 actions to take in response to witnessing abuse online
3. Explore personal boundaries of being an Online Active Bystander

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DIGITAL SELF-CARE

Creating a digital self-care plan enables learners to have a flourishing online presence without compromising wellbeing. This workshop explores the fundamentals of digital self-care. They will be supported to identify their own boundaries in online spaces and explore how to communicate and stick to them.

By the end of the module, participants will be able to
1. Describe the purpose and benefit of digital self-care
2. Identify 5 Steps to digital self-care
3. Develop a digital self-care plan

TECH ACCOUNTABILITY

Glitch is doing everything we can to hold decision-makers accountable and stop the problem of online abuse at its core. To do this, we all need to be digital citizens and call on powerful forces in online spaces to make change. This workshop equips participants with the knowledge and skills to hold these forces accountable.

By the end of the module, participants will be able to:
1. Identify key organisations in the tech space
2. Develop three recommendations/calls to actions to support online safety
3. Take one action to call for change

KNOW YOUR RIGHTS

There are a variety of laws to help protect digital citizens in online spaces. This module introduces learners to the legal rights and protections they have in online spaces and equips them with the knowledge to erase data, report abusive content and take legal action when needed.

By the end of the module, participants will be able to:
1. Identify 4 legal rights and protections for online safety
2. Recognise 3 approaches to escalate actions against online abuse
3. Explore limitations of the law in the UK

We also offer bespoke workshops to suit your needs and workshops for employers. Please get in touch via email to learn more.

TRAIN THE TRAINER - TOOLKIT 2.0

Evidence shows that Black women are 84% more likely to be mentioned in abusive or problematic tweets than white women. Our Toolkit 2.0 (based on our Fix The Glitch Toolkit) has been created and reviewed by experts specifically to assist those who wish to end Online Gender- Based Violence (OBGV) against Black women and non-binary people but may not know where to begin. We campaign for both government and tech companies to implement systematic change, and raise awareness of online abuse so that we can make the online space safe for all. In the meantime, this workshop will enable participants to have meaningful and important conversations about OBGV.

This workshop helps you to understand how to use Toolkit 2.0 to host conversations about online abuse within your communities to be a part of creating safer online spaces for everyone.

In this two hour interactive session you will learn:
1. How OGBV impacts Black women
2. The ways in which you can use Toolkit 2.0 for meaningful discussions
3. About the importance of digital self care and how to support Black women

WORKSHOPS FOR EMPLOYERS

Many organisations are committed to the safety and wellbeing of their staff and their experiences online are a vital part of this. Staff involved in communications, social media and marketing are often the ones on the front line of abusive content. This workshop is designed to help keep your staff safe when using online spaces and equips teams with the skills to support each other if things do go wrong.

We will first have a meeting to assess your requirements before the Glitch team develops a workshop to suit your needs.

"Excellent workshop, very interactive and learned new terms about online harm. I would recommend everybody to attend this workshop."

To book a workshop or find out more please contact our Programme Manager, Gwen, at gwen@glitchcharity.co.uk